

TRADE

RESTAURANT & BAR

DAILY | 6:30AM-11:00AM

THE MORNING TABLE 28

Omni Hotels & Resorts is committed to providing a healthy, nourishing start to your day. Thoughtfully curated to accommodate modern eating lifestyles, signature offerings include chef-crafted egg* bowls, warm pastries, and locally sourced grains and proteins. Beverage selections feature fresh-squeezed orange juice and Peet's Coffee, directly sourced from farmers and supporting families in harvesting a better future. Omni's Morning Table offers flexible nourishment beyond the buffet, created for your enjoyment at TRADE Restaurant. Explore today's curated buffet selection.

LIGHTER LEDGERS

FRUIT BOWL *df vg* 9

seasonal melons, berries

CEREAL & MILK 7

daily selection

YOGURT PARFAIT *n* 9

almond crunch, seasonal fruit, honey drizzle

STEEL-CUT OATMEAL *vg n* 11

oatmeal brûlée, blueberries, candied pecans, sugarman maple syrup

AVOCADO TOAST *vg* 15

ancient grain bread, blistered toy box tomato, pickled vegetables, extra virgin olive oil, fine herbs
add egg* 3

BIG BANKS

PIMENTO CHEESE FRITTATA *gf* 18

blistered tomato, vidalia onion, aged cheddar, breakfast potatoes

PIEDMONT OMELET *gf* 19

ham, spinach, wild mushrooms, smoked cheddar, breakfast potatoes, toast

CLT BANKERS BREAKFAST *gf* 17

two eggs any style*, breakfast potatoes or grits, choice of meat, toast

HEALTHY START POWER BOWL *gf vg* 16

carolina gold rice, butter beans, toy box tomato, peppers, onions, roasted corn, lemon citrus vinaigrette
add egg* 3

SHORT STACK 14

sweet cream pancakes, apple butter, wild berry compote, sugarman maple syrup

Gluten-friendly bread available upon request

gf Gluten-Friendly **vg** Vegan **n** Contains Nuts/Peanuts **df** Dairy-Free

*Item contains or may contain raw or undercooked ingredients. Consuming undercooked meats / poultry / seafood / shellfish or eggs may increase your risk of foodborne illness. Please notify us of any food allergy.

18% service charge and applicable sales tax will be added for all parties over 5 people.

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SUNDAY STOCK MARKET

CHICKEN & JOHNNY CAKES 23

johnny cakes, double-fried chicken, hot honey, scallion, whipped maple butter

CRAB CAKE BENEDICT 23

low country crab cake, wilted greens, poached egg*, creole mustard hollandaise, breakfast potatoes

PIGGY BANK MONTE CRISTO 17

griddled brioche, pit ham, smoked turkey, berry compote, gruyère, breakfast potatoes
add egg* 3

ESPRESSO BAR

PEET'S ESPRESSO FORTE

DOUBLE ESPRESSO 4

CAPPUCCINO 6

AMERICANO 5

HOT COCOA 4

LATTE 7

vanilla, caramel, mocha or seasonal flavors, available iced

CARAMEL MACCHIATO 7

available iced

BEVERAGES

CHILLED JUICE 5

apple, orange, grapefruit, pineapple, tomato or cranberry

SOFT DRINK 5

coke, diet coke, root beer, sprite, ginger ale or lemonade

COFFEE 5

regular or decaffeinated

HOT TEA 5

african nectar, chamomile citrus, organic green dragon, breakfast blend, earl grey or wild berry hibiscus

SIDES

PIMENTO CHEESE GRITS gf 6

BREAKFAST POTATOES gf vg 6

TOAST gf vg 4

BAGEL WITH CREAM CHEESE 5

plain or everything

APPLEWOOD-SMOKED BACON gf 6

BLUEBERRY-MAPLE SAUSAGE gf 6

CHICKEN-APPLE SAUSAGE gf 6

IMPOSSIBLE VEGGIE SAUSAGE gf vg 7

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