

STARTERS

SOUP DU JOUR 9

SEARED AHI TUNA* 21
avocado | soy ginger lime broth
fresh greens | crispy rice paper | wasabi salt

OPEN-FACED AVOCADO TOAST *vg* 19
avocado | roasted tomatoes | pickled onions
balsamic syrup

HUMMUS BOWL *vg* 19
traditional hummus | kalamata olives
spiced chickpeas | pickled carrots & onions
mixed microgreens | lavosh & pita

BLACK RICE SALAD *vg n* 19
black rice | golden raisins | red cabbage | fresh herbs
toasted walnuts | lemon vinaigrette

CAFÉ SALAD *gf n* 19
arugula | tomato & sweet pepper chutney
english peas | feta cheese | toasted almonds
green goddess dressing

SPA BOWL *n* 19
baby kale | apples | farro | granola croutons
dried cherries | english cucumbers
goat cheese | herb vinaigrette

ADD-ONS

GRILLED CHICKEN 9

SEARED AHI TUNA* 13



PANINIS

Served with chips or fruit cup

SMOKED TURKEY & BRIE 20
house-smoked turkey breast | brie cheese | arugula
apple | stone-ground mustard | sourdough bread

GREEN GODDESS CHICKEN 20
herb-marinated chicken breast | havarti cheese
cucumber | avocado | sourdough bread

FUNGHI MELT 20
mushroom | roasted red peppers | arugula
garlic herb cheese | naan bread

CAPRESE *n* 19
fresh mozzarella | roasted tomatoes
basil pesto | sourdough bread

CHICKEN CAESAR WRAP 20
grilled chicken | romaine lettuce | parmesan cheese
caesar dressing | whole wheat tortilla

DESSERTS

BLUEBERRY LEMON CRUMBLE 10

VANILLA & CHOCOLATE MOUSSE *gf* 10

Gluten-friendly bread available upon request.

gf Gluten-Friendly | *vg* Vegan | *n* Contains Nuts/Peanuts | *df* Dairy-Free

*This item is served raw or undercooked or may contain raw or undercooked ingredients. Consuming raw or undercooked meats poultry / seafood / shellfish or eggs may increase your risk of foodborne illness. Please notify us of any food allergy.

SMOOTHIES

ADD PROTEIN 3

CLASSIC 11

banana | strawberries | orange

MANGO-LICIOUS 11

mango | strawberries | pineapple

PROTEIN SHAKES

BLUEBERRY BLAST n 14

almond milk | blueberries | vanilla protein powder

PB&J n 14

almond milk | strawberries | peanut butter
vanilla protein powder

FRESH JUICES

GREEN GODDESS 11

cucumber | apple | celery

GINGER ZINGER 11

carrot | lemon | apple | ginger

SPECIALTY COCKTAILS

ELIXIR BLOODY MARY 16

grey goose vodka | spicy bloody mary mix

SEASONAL SANGRIA 16

meiomi pinot noir | cointreau | fresh juice | fresh fruit

CRANBERRY MULE 16

tito's handmade vodka | ginger beer
cranberry simple syrup | lime juice | rosemary

WOODFORD BERRY SOUR 16

woodford reserve bourbon | chambord | sour mix | fresh fruit

PEACH BELLINI 15

sparkling wine | peach nectar



BEERS

DOMESTIC 8

bud light

micheLOB ultra

CRAFT 8

pisgah pale ale | black mountain, nc

shiva ipa | asheville, nc

mama's little yella pils pilsner | brevard, nc

stella artois | st. louis, mo

WINES

LUNETTA

prosecco | italy (187mL | 750mL)

6oz | btl

14 | 48

JEAN-LUC JOILLOT

crémant de bourgogne sparkling
burgundy, france

18 | 80

LOS MONTEROS

cava brut rosé | spain

14 | 50

ZENATO

pinot grigio | italy

6oz | 9oz | btl

14 | 21 | 56

ROSE GOLD

rosé | france

16 | 24 | 64

DECOY BY DUCKHORN

sauvignon blanc | california

16 | 24 | 64

KENDALL-JACKSON VINTNER'S RESERVE

chardonnay | california

16 | 24 | 64

MEIOMI

pinot noir | california

16 | 24 | 64

BENZIGER

merlot | california

14 | 21 | 56

FRANCISCAN ESTATE CORNERSTONE

cabernet sauvignon | california

14 | 21 | 56