

## The Morning Table

Omni Hotels & Resorts cares about providing a healthy and nourishing morning meal. Carefully selected to accommodate modern eating lifestyles, signature offerings include chef-crafted egg bowls, warm house-made pastries and locally sourced grains and proteins. Beverage selections include fresh-squeezed orange juice and coffee which is directly sourced from the farmers and helps families harvest a better future. Omni's Morning Table is flexible nourishment beyond the buffet, made for your enjoyment in our restaurant or for your convenience On The Go.

## BREAKFAST

## Breakfast Buffet .....

#### ALL IN\* 36

seasonal fruits & berries / smoothies / yogurt parfait / gluten-friendly granola / biscuits / nashville jam co. jams / honey butter / sausage gravy / pimento cheese / artisan cheese / crackers / assorted pastries & bagels / cream cheese / steel-cut oatmeal dried fruits & brown sugar / weisenberger stone-ground grits / specialty eggs / kitchen notes hot sauce / scrambled eggs spiced breakfast potatoes / sausage link / applewood-smoked bacon / blueberry sausage patties / pull-apart cinnamon bread cast-iron pancake / vermont maple syrup / coffee / tea / soda / juice

#### ADD MADE-TO-ORDER OMELETTE\* 6

spinach / wild mushrooms / applewood-smoked bacon / country ham / sausage / peppers / onions / tomato / cheese

## 

### YOGURT PARFAIT gf 13

greek yogurt / tennessee honey / seasonal berries / peach purée bob's red mill granola

### STEEL CUT-OATMEAL gf vg 12

seasonal fruit / steel-cut oats / bourbon brown sugar syrup

### FRUIT BOWL vg 11

sliced melons / fresh berries / kiwi

#### TWO-EGG BREAKFAST\* gf 21

two eggs any style / house potatoes / applewood-smoked bacon, sausage link or maple & blueberry sausage

#### **AVOCADO TOAST\* 18**

multigrain bread / chili salt / heirloom tomato / local lettuces lemon oil / sunny-side up eggs

# HONKY TONKY OMELETTE\* gf 22

country ham / local cheddar / house potatoes

## FARMER'S MARKET OMELETTE\* gf 22

wild mushrooms / onions / spinach / peppers local cheddar / house potatoes

### TENNESSEE HAM, EGG & CHEESE\* 19

tennessee ham / fried egg / american cheese / english muffin house potatoes

#### **SMOKED SALMON PLATE\* 18**

everything bagel / herb cream cheese / tomato / red onion hard-boiled egg / capers

## **BISCUITS & GRAVY 18**

house buttermilk biscuits / black pepper sausage gravy

## Ironed & Griddled ........

served with maple syrup and whipped butter

### CAST IRON WAFFLE 16

macerated berries add nashville hot or not fried chicken 10

### SOURDOUGH SHORT STACK 17

lemon curd / tennessee honey

# Sides

ONE EGG\* gf 5

cooked to order

MAPLE & BLUEBERRY SAUSAGE gf 6

SAUSAGE LINK gf 6

APPLEWOOD-SMOKED BACON gf 6

**SMOKED SALMON\* 7** 

NASHVILLE HOT FRIED CHICKEN 10

#### BREAD 4

honey white / multigrain / rye / gluten-friendly

#### BISCUIT BASKET 7

buttermilk / sweet & savory

#### BAGEL 5

plain / wheat / everything / herb or blueberry cream cheese

LOCAL CHEDDAR GRITS gf 6

STEEL-CUT OATMEAL vg 8

# Juices, Coffee & More .....

JUICE 6

orange, grapefruit, cranberry or apple

#### SODA OR ICED TEA 6

coke, diet coke, sprite, dr pepper or iced tea

#### COFFEE 6

regular or decaffeinated coffee

SMOOTHIE 9

#### 

ESPRESSO 6

LATTE OR CAPPUCCINO 6

## Adult Beverages ......

TITO'S HANDMADE BLOODY MARY 15

MIMOSA 13

MIMOSA CARAFE 36

Gluten-friendly bread available upon request.