

WORLD'S  
JUNIOR CHEF

# MENU

## BREAKFAST

7:00am - 10:30am

### Blue Ridge Buffet | 18

the junior chef breakfast is available at the blue ridge buffet

find heart-healthy and protein-packed options designed to bring out the excitement in food for kids to inspire our next generation of chefs

## LUNCH/DINNER

Available during lunch/dinner hours only.

All main entrées include your choice of a side, a dessert and a beverage.

### Smashed Cheeseburger | 16

beef patty, american cheese

### All-Natural Chicken Tenders | 14

breaded chicken

### Grilled Cheese Sandwich | 14

american cheese

### Grilled Chicken Strips *gf df* | 14

### Mac & Cheese | 12

elbow macaroni, cheese, toasted breadcrumbs

### Salmon *gf df* | 15

### Penne Pasta | 14

butter and parmesan or ragu sauce

### Caesar Salad | 12

romaine, parmesan, croutons, caesar dressing

***gf*** Gluten-Friendly ***vg*** Vegan ***df*** Dairy-Free ***n*** Contains Nuts/Peanuts

\*Consuming raw or undercooked meats / poultry / seafood / shellfish or eggs may increase your risk of foodborne illness. Please notify us of any food allergy.

## SIDES

Fries

Mixed Fruit

Carrots

Vegetables

Chips

Rice

## SWEETS

Cookies + Milk

Ice Cream

chocolate or vanilla

Brownie

## SIPS

Milk

regular or chocolate

Fruit Juice

apple, cranberry or orange

Fountain Drink or Iced Tea

## DID YOU KNOW...?

- Charles Feltman, German-American Baker, invented the hot dog at Coney Island around 1867.
- The average strawberry has about 200 seeds on it. Each seed that grows into a plant can produce about 24 large strawberries every year.

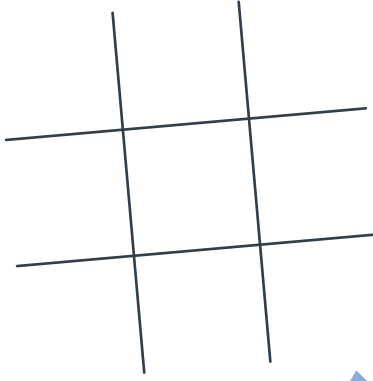
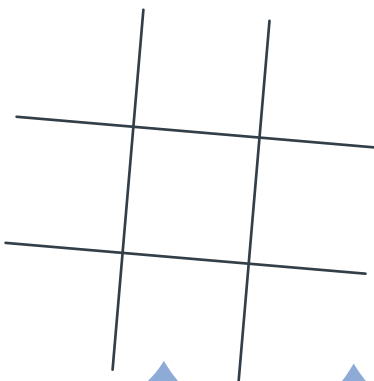
## LOCAL FLAVOR

- Hickory Nut Gap, producer of our high-quality pork, has a farm store with local goods, prepared foods + family farm tours.
- WNC Farmers Market is a year-round treasure. Showcasing locally grown produce, arts & crafts, shops and plants.
- French Broad Chocolates offers a magical world of chocolate. A local favorite for tours and tastings.

SCAVENGER HUNT

Spot one of the items below, then check it off the list.

- ☐ Menu
- ☐ Ketchup
- ☐ Picture on the Wall
- ☐ Folded Napkin
- ☐ Someone Wearing Pink
- ☐ Salt and Pepper Shakers
- ☐ Menu Item with Cheese
- ☐ Server Wearing an Apron
- ☐ Table with 4 People
- ☐ Fire Extinguisher
- ☐ Sugar Packets
- ☐ Exit Sign
- ☐ Straw
- ☐ Spoon
- ☐ Water Glass



WORD SEARCH

L D G K S F M O D P N K E K  
T S A F K A E R B X I T D D  
U N E M Y V E G E T A B L E  
P D N Q B R E P C C G V P S  
R E N N I D G H H F H I H S  
H U J J J Z E N O X C E Q E  
E B O L Q N Z O U E U S F R  
L U N C H G D H R H X X O T

- BREAKFAST

CHEF

DESSERT
- DINNER

VEGETABLE

HUNGRY
- KITCHEN

LUNCH

MENU
- RECIPE

FOOD

WORD SCRAMBLE

1. OHTEL \_\_\_\_\_

2. RTSREO \_\_\_\_\_

3. NIMO \_\_\_\_\_

4. UEASTISC \_\_\_\_\_

5. TAICANVO \_\_\_\_\_
6. IMFYLA \_\_\_\_\_

7. VEARTL \_\_\_\_\_

8. UFN \_\_\_\_\_

9. BYOBL \_\_\_\_\_

10. EIRNLAPA \_\_\_\_\_

