

# TRADE

RESTAURANT & BAR

DAILY | 6:30AM-11:00AM

## THE MORNING TABLE

Omni Hotels & Resorts cares about providing a healthy and nourishing morning meal. Carefully selected to accommodate modern eating lifestyles, signature offerings include chef-crafted egg bowls, warm house-made pastries, and locally sourced grains and proteins. Beverage selections include fresh-squeezed orange juice and Stance coffee, which is directly sourced from the farmers and helps families harvest a better future. Omni's Morning Table is flexible nourishment beyond the buffet, made for your enjoyment in our restaurant or for your convenience On The Go.

## LIGHTER LEDGERS

### FRUIT BOWL *df vg* 9

seasonal melons, berries

### CEREAL & MILK 7

daily selection

### YOGURT PARFAIT *n* 9

almond crunch, seasonal fruit, honey drizzle

### STEEL-CUT OATMEAL *vg n* 11

oatmeal brûlée, blueberries, candied pecans, sugarman maple syrup

### AVOCADO TOAST *vg* 15

ancient grain bread, blistered toy box tomato, pickled vegetables, extra virgin olive oil, fine herbs  
add egg\* 3

## BIG BANKS

### PIMENTO CHEESE FRITTATA *gf* 18

blistered tomato, vidalia onion, aged cheddar, breakfast potatoes

### PIEDMONT OMELET *gf* 19

ham, spinach, wild mushrooms, smoked cheddar, breakfast potatoes, toast

### CLT BANKERS BREAKFAST *gf* 17

two eggs any style\*, breakfast potatoes or grits, choice of meat, toast

### HEALTHY START POWER BOWL *gf vg* 16

carolina gold rice, butter beans, toy box tomato, peppers, onions, roasted corn, lemon citrus vinaigrette  
add egg\* 3

### SHORT STACK 14

sweet cream pancakes, apple butter, wild berry compote, sugarman maple syrup

Gluten-friendly bread available upon request

*gf* Gluten-Friendly *vg* Vegan *n* Contains Nuts/Peanuts *df* Dairy-Free

\*Item contains or may contain raw or undercooked ingredients. Consuming undercooked meats / poultry / seafood / shellfish or eggs may increase your risk of foodborne illness. Please notify us of any food allergy.

18% service charge and applicable sales tax will be added for all parties over 5 people.



# TRADE

RESTAURANT & BAR

## SUNDAY STOCK MARKET

### CHICKEN & JOHNNY CAKES 23

johnny cakes, double-fried chicken, hot honey, scallion, whipped maple butter

### CRAB CAKE BENEDICT 23

low country crab cake, wilted greens, poached egg\*, creole mustard hollandaise, breakfast potatoes

### PIGGY BANK MONTE CRISTO 17

griddled brioche, pit ham, smoked turkey, berry compote, gruyère, breakfast potatoes add egg\* 3

## ESPRESSO BAR

BLACK HAT ESPRESSO FROM PURE INTENTIONS COFFEE.

### DOUBLE ESPRESSO 4

### CAPPUCCINO 6

### AMERICANO 5

### HOT COCOA 4

### LATTE 7

vanilla, caramel, mocha or seasonal flavors, available iced

### CARAMEL MACCHIATO 7

available iced

## BEVERAGES

### CHILLED JUICE 5

apple, orange, grapefruit, pineapple, tomato or cranberry

### SOFT DRINK 5

coke, diet coke, root beer, sprite, ginger ale or lemonade

### COFFEE 5

regular or decaffeinated

### NUMI ORGANIC HOT TEA 5

jasmine green, aged earl grey or breakfast blend black

### NO CAFFEINE

moroccan mint, chamomile lemon or hibiscus

## SIDES

### PIMENTO CHEESE GRITS *gf* 6

### BREAKFAST POTATOES *gf vg* 6

### TOAST *gf vg* 4

### BAGEL WITH CREAM CHEESE 5

plain or everything

### APPLEWOOD-SMOKED BACON *gf* 6

### BLUEBERRY-MAPLE SAUSAGE *gf* 6

### CHICKEN-APPLE SAUSAGE *gf* 6

### IMPOSSIBLE VEGGIE SAUSAGE *gf vg* 7

Gluten-friendly bread available upon request

*gf* Gluten-Friendly *vg* Vegan *n* Contains Nuts/Peanuts *df* Dairy-Free

\*Item contains or may contain raw or undercooked ingredients. Consuming undercooked meats / poultry / seafood / shellfish or eggs may increase your risk of foodborne illness. Please notify us of any food allergy.

18% service charge and applicable sales tax will be added for all parties over 5 people.