



#### THE MORNING TABLE

The Morning Table breakfast buffet offers an extensive variety of locally sourced items beautifully crafted by the FloraBelle culinary team. Seasonal additions from our aquaponic resort farm, The Sprouting Project, compliment this daily offering.

# Breakfast SERVED FROM 6 A.M. TO 11:00 A.M. DAILY

#### FROM THE LOCALS

OUR HONEY PANCAKES © 28 cinnamon-honey butter, maple syrup add banana, chocolate chips or blueberries 3

ISLAND TOAST ② 28 french toast, banana, rum sauce, coconut, anise sugar

# AMELIA BREAKFAST\* 31 farm eggs herb roasted notatoes s

farm eggs, herb roasted potatoes, sausage, applewood-smoked bacon, toast, coffee, juice

BISCUITS & GRAVY 21 buttermilk biscuits, country gravy add two eggs\* 10

PICK THREE OMELET (select three) 30 spinach, bell pepper, mushroom, vidalia onion, tomato, applewood-smoked bacon, sausage, local shrimp, ham, cheddar, mozzarella, feta, gouda, herb roasted potatoes

STEEL-CUT OATMEAL ® (\*) 21 beach berries, granola

BERRIES **21** dragon fruit, prickly pear, strawberry, raspberry, blueberry

AVOCADO TOAST\* ♥ 30
artisan wheat, avocado, everything spice, egg, heirloom tomato, arugula
add smoked salmon 10

#### JUNIOR CHEFS'

sized for junior chefs under the age of 12

YOGURT **3** 10 all natural strawberry jam + strawberry

SAND DOLLAR PANCAKES © 15 mini buttermilk pancakes, maple syrup add chocolate chips 2

SEASIDE BISCUIT\* 15 biscuit, sausage, over-hard egg, cheddar cheese, herb roasted potatoes



# Breakfast SERVED FROM 6 A.M. TO 11:00 A.M. DAILY

#### SIDES

WHOLE FRUIT (select one) 4 banana, apple

TOAST & JAM (select one) © 6 nine-grain, white, caraway rye, gluten-friendly

SCRATCH MUFFIN (select one) © 6 blueberry, orange, chocolate

MORE PASTRY (select one) ♥ 6 croissant, bagel, biscuit

FARM EGG\* ® Ø 6 your way

BREAKFAST MEAT (select one) ® Ø 9 applewood-smoked bacon, country sausage, blueberry-maple sausage, chicken sausage, ham

YOGURT PARFAIT **3** 10 greek yogurt, seven-grain granola, berries

DRY CEREAL 
10 today's selection

#### **BEVERAGES**

FLORIDA JUICE 6 orange or grapefruit

JUICE 6 v8, tomato, apple or cranberry

MILK 6 skim, 2%, whole, soy, oat, almond or chocolate

COFFEE regular or decaf small pot 15 large pot 21

MINERAL WATER 6 acqua panna or s.pellegrino

TEA 6 english breakfast, rooibos chai, jasmine green, chamomile or earl grey

ICED TEA 6 sweet or unsweetened

SOFT DRINK 6 coke, diet coke or sprite

RED BULL 7 energy drink or sugarfree





#### **STARTERS**

#### LOCAL CHEESE & CHARCUTERIE 32

wainwright cheddar, bresaola, grateful hill farm cotton cloud, prosciutto, georgia peach jam, cohen farm pecan, house pickle, benne seed cracker, grilled sourdough

### CHILLED BLUE CRAB DIP 22

sweet corn, lemon, dill, grilled sourdough

# AMELIA HOT WINGS 18 chicken wings, citrus buffalo, carrot, buttermilk dressing

#### PROSCIUTTO FLATBREAD 22

grateful hill farm cotton cloud goat cheese, apple, arugula, balsamic

### CAPRESE FLATBREAD 7 19

basil pesto, fresh mozzarella, tomato, saffron & onion marmalade

# TOMATO BISQUE © 12 parmesan, garlic crouton

#### **GREENS**

#### STRAWBERRY SALAD ® Ø 16

amelia lettuce blend, strawberry, goat cheese, cohen farm pecans

add: grilled chicken 10 local shrimp 13

seared salmon\* 15

#### CAESAR SALAD 16

amelia lettuce blend, parmesan, garlic crouton, florida lemon caesar add: grilled chicken 10 local shrimp 13 seared salmon\* 15

#### SANDWICHES

accompanied by house fries

#### **BLT 18**

applewood-smoked bacon, heirloom tomato, hydroponic lettuce, mayonnaise, yellow mustard, sourdough

#### **HOUSE GROUND BEEF BURGER\* 19**

twin patties, lettuce, tomato, red onion, house pickle, potato roll

#### **BOUJEE BURGER\* 21**

twin patties, wainwright cheddar, tomato, crisp onion, rosemary & kalamata aioli, arugula, potato roll

#### "NON" BURGER 7 20

plant-based impossible burger, lettuce, tomato, red onion, potato roll

#### **GRILLED CHICKEN 18**

grilled chicken breast, cheddar, ranch, applewood-smoked bacon, lettuce, tomato





#### **AFTER-FIVE ENTRÉES**

SERVED FROM 5 P.M. TO 12 A.M DAILY

ROSEMARY GRILLED CHICKEN **32** roasted potato, broccolini, garlic herb butter

FLORIDA ORANGE SALMON\* 38 parsnip-potato purée, broccolini, florida orange glaze

PASTA ALFREDO 7 24 fettuccine, parmesan cream, garlic bread add: grilled chicken 10 local shrimp 13 seared salmon\* 15

STEAK FRITES\* 47 new york strip, truffle parmesan fries, rosemary & kalamata aioli

#### **DESSERTS**

PASSION FRUIT CRÈME BRÛLÉE 12 strawberry whip, shortbread

CHOCOLATE MOUSSE CAKE **(#)** 12 raspberry sauce, pistachios

#### REFRESHMENTS

MINERAL WATER 6 acqua panna or s.pellegrino

ICEDTEA 6 sweet or unsweetened

SOFT DRINK 6 coke, diet coke or sprite

#### JUNIOR CHEFS'

sized for junior chefs under the age of 12

**CHICKEN TENDERS 13** honey bbg, fries

PB & J 🕜 12 white bread, georgia peanut butter, our raspberry jam, fries

GRILLED CHEESE (7) 12 toast, american cheese, fries

**ORGANIC BUTTERED NOODLES 12** parmesan





#### COCKTAILS

CLASSIC BLOODY MARY 12 half shell florida vodka, dill pickle vodka, celery salt, pepper, hot sauce, worcestershire

MOSCOW MULE 11 tito's handmade vodka, lime, q ginger beer

WHISKEY SOUR 14 high west american prairie whiskey, simple syrup, lemon

CLASSIC MARGARITA 13 herradura ultra tequila, lime, orange, agave

COSMOPOLITAN 12 grey goose le citron vodka, cointreau, cranberry, lime

OLD FASHIONED bourbon, sugar, orange bitters with gentleman jack 14 with woodford reserve 17 with whistlepig farmstock 27

#### **BEERS & SELTZERS**

MICHELOB ULTRA 7

MILLER LITE 7

**BUD LIGHT 7** 

YUENGLING AMERICAN LAGER 8

**CORONA EXTRA 8** 

**BLUE MOON BELGIAN WHITE ALE 8** 

INTUITION I-10 IPA 8

MOCAMA COSMICO IPA 8

TRULY HARD SELTZER 8 wild berry

WHITE CLAW HARD SELTZER 8 black cherry or mango

HIGH NOON VODKA & SODA 8 watermelon



# Beverages Served from 11 A.M. TO 12 A.M. DAILY

#### WINE

SPARKLING	187ML
LUNETTA • PROSECCO • VENETO, ITALY	15
CHANDON • SPARKLING ROSÉ • CALIFORNIA	34
WHITE	375 ML
KIM CRAWFORD • SAUVIGNON BLANC • MARLBOROUGH, NEW ZEALAND	30
IMAGERY • CHARDONNAY • CALIFORNIA	30
RED	375 ML
LA CREMA • PINOT NOIR • SONOMA COUNTY, CALIFORNIA	38
J. LOHR LOS OSOS MERLOT • PASO ROBLES, CALIFORNIA	38
IMAGERY • CABERNET SAUVIGNON • CALIFORNIA	43