

SEAGLASS

BREAKFAST TO GO

available daily 6:30–11 a.m.

DAILY BOWLS

- Chia Seed Pudding** (GF) (V) 15
almond butter + raspberry
pecan granola
- Island Breeze Bowl** (GF) (V) 16
passion fruit yogurt + pineapple
toasted coconut

BREAKING BREAD

- Blueberry Muffin** (V) 6
- Banana-Nut Muffin** (V) 6
- Croissant** (V) 6

SNACKING WELL

- Immunity Market Smoothie** (GF) (V) 16
pineapple + green apple + spinach
lemon + ginger
- Detox Market Smoothie** (GF) (V) 16
red beet + raspberry + strawberry
blueberry + basil
- Antioxidant Market Smoothie** (GF) (V) ... 16
lychee + kiwi + honeydew + mint
- Fresh Berries** (GF) (V) 12
strawberry + raspberry + blueberry
- Whole Fruit** 4
banana or apple
- Greek Yogurt** (GF) (V) 8
local orange blossom honey
- Yogurt Parfait** (GF) (V) 10
local orange blossom honey
fresh berries + seven-grain granola

SEAGLASS

BREAKFAST MENU

available daily 6:30 – 11 a.m.

BREAKFAST QUICHE

accompanied by artisan green salad

Morning Harvest (V) 16

farm eggs + broccoli + tomato
+ spinach + cheddar + ranch

Smokehouse 19

farm eggs + smoked ham + smoked gouda

ON THE RISE

accompanied by fresh fruit (*excludes avocado toast*)

Croissant Sandwich..... 16

farm eggs + bacon + cheddar

Smoked Salmon Bagel 19

cream cheese + capers + tomato
arugula + pickled onion + everything bagel

Chorizo Burrito 17

farm eggs + azar's chorizo
fingerling potato + jack cheese

Avocado Toast..... 20

avocado + tomato + arugula + sourdough

add two eggs +10

gluten-friendly bread available upon request

(G) gluten-friendly (V) vegetarian

*Consuming raw or undercooked meats / poultry
seafood / shellfish or eggs may increase your risk of
foodborne illness. Please notify us of any food allergy.*

