

BREAKFAST

CHILLED *Selections*

- chilled yogurt parfait v** 9
vanillia yogurt / berries / granola
- seasonal fruit & berries vn, gf** 13
crisp mint crystals
- avocado toast v** 13
oven roasted tomato / marinated artichoke
feta cheese / multigrain bread

F•E•A•T•U•R•E•D

Eggs + Omelets

served with breakfast potatoes

- ham and cheese omelet* gf** 19
black forest ham / smokehouse cheddar
- Springs Eternal Spa omelet* v, gf** 18
egg whites / spinach / onion / oven roasted tomato
peppers / feta / seasonal fruit
- classic eggs benedict*** 21
poached eggs / Canadian bacon
English muffin / hollandaise
- traditional breakfast*** 18
two eggs your style / choice of breakfast meat
choice of toast
- spinach mushroom breakfast
bowl* v, gf** 19
toasted quinoa / truffle / egg your style
enhancement: scrapple \$3

FROM THE *Griddle*

- buttermilk pancakes v** 17
choice of plain, blueberries, chocolate chips
- breakfast sandwich*** 16
fried egg / shaved ham
cheddar cheese / grilled artisan sour dough
- knife and fork breakfast burger*** 18
pecanwood bacon / fried egg
cheddar cheese / waffle "bun"

SIDES

- breakfast meats gf** 8
pecanwood bacon* / turkey bacon / pork sausage link
scrapple / maple-blueberry sausage patty
- toast v** 5
brioche / sourdough / rye / multigrain / gluten-free
- breakfast potatoes v, gf** 7
seasoned red skinned potatoes

Beverages

- STANCE Coffee or Tea Forté** 7
- juice** 6
orange, grapefruit, apple
- americano** 9
- latte** 7
- hot chocolate** 6