## Breakfast

SERVED FROM 6:30 A.M. TO 10:00 A.M. DAILY

## FRESH \& SEASONAL

## SLICED FRESH FRUIT 12

cantaloupe, honeydew, pineapple add cottage cheese 2

YOGURT PARFAIT 9 chobani vanilla or plain yogurt, granola, fresh berries

SEASONAL FRESH BERRIES 8 strawberries, blueberries, raspberries

STEEL-CUT OATMEAL 10 raisins, dried cranberries, pecans, maple syrup, milk or dairy alternative upon request

AÇAI BOWL 13
blueberries, banana, granola, coconut flakes
STRAWBERRY \& BANANA SMOOTHIE 8 greek yogurt, strawberries, banana,
whole milk or dairy alternative, chia seeds or flax

## OUR DAILY BREADS

## AVOCADO TOAST 13

seven-grain bread, smashed avocado, grape tomato, crumbled feta, arugula, everything spice add poached egg* 2

## "BDES" BEST DAMN EGG SANDWICH 14

scrambled eggs, caramelized onions, applewood-smoked bacon, cheddar cheese, chives, toasted brioche bun

SMOKED SALMON BAGEL 17
bagel, capers, red onion, tomato, cream cheese
MUFFIN 5
BAGEL WITH CREAM CHEESE 6

## STANDARDS

TWO EGG BREAKFAST* (8) 15 two eggs, applewood-smoked bacon or apple \& chicken sausage, roasted red potato, choice of toast

THREE EGG OR EGG WHITE OMELET 16 fillings, swiss, vermont cheddar, mozzarella, crumbled blue cheese, ham, mushrooms, spinach, tomatoes, peppers, onions, roasted red potato, choice of toast

## BUTTERMILK PANCAKES 15

 whipped cream, vermont maple syrup, add banana or blueberries 2
## BELGIAN WAFFLE 15

whipped cream, strawberry purée, vermont maple syrup, whipped butter

HASH BOWL (8) 13
fried egg, sautéed garden vegetables, diced sweet potato

## Breakfast

## SIDES

## BREAKFAST MEAT 7

pork sausage, chicken sausage, applewood-smoked bacon or beyond meat italian sausage

TWO EGGS ANY STYLE* 4 sunny-side, scrambled, over-easy

TOAST OR ENGLISH MUFFIN 4
white, rye, whole wheat or sourdough, butter, choice of preserves

