## JUNIOR CHEFS MENU

000

Rainbow Cereal Mix \$7 2%, Chocolate, or Almond Milk

Banana Berry Bliss \$8 Homemade Strawberry Yogurt Sauce

Frozen Blueberry Bowl \$8 Granola, Local Honey

Junior Chef Cast Iron Eggs \$12 Scrambled Eggs, Bacon Bits, Tater Tots

Egg White Spinach Wrap \$12 Scrambled Egg Whites, Breakfast Sausage, Wilted Spinach, American

LOCAL FLAVOR

-U-S

BEIGNETS - deep fried pastries, commonly known in New Orleans as a breakfast item, served with powdered sugar on

PO'BOY - a traditional sandwich from Louisiana, usually roast beef or fried seafood (shrimp, crawfish, fish, oysters or crab) served on New Orleans French bread.

GUMBO - official state of Louisiana stew. It consists of a strongly-flavored stock, meat or shellfish, and the Creole "holy trinity" - celery, bell peppers and onions.

DID YOU KNOW...?

• Charles Feltman, a German-American Baker, invented the hot dog at Coney Island around 1867.

• Ripe cranberries will bounce like rubber balls.

Popcorn explodes because each kernel has a perfect drop of water inside it. Your microwave quickly raises that water to the steaming point, and the pressure of the steam rips open the hull and inflates the starchy mush inside.

The average strawberry has about 200 seeds on it. Each seed that grows into a plant can produce about 24 large strawberries every year.

Junior Chef Bacon Burger \$15

American Cheese, Apple Bacon, Lettuce, Tomato, Pickle Spear, French

**Junior Chef Homestyle Chicken Tenders \$10** Breaded Chicken Tenders, French Fries

Junior Chef Mac & Cheese \$8 Prime Rib Debris Gravy

Junior Chef Rotisserie Chicken Salad \$9 Iceberg Lettuce, Hard Boiled Egg, French Bread Croutons, Ranch Dressing

**Cheese Fries \$7** Ketchup or Ranch Dressing

New Orleans Voodoo Chips \$3 Zapp's Kettle-Cooked Potato Chips

Fresh Fruit Mille-Feuille \$7

ETS to 9 PM Ice Cream Waffle Cone \$6 Freshly Baked Chocolate Chip Cookies + Choice of Milk

Gigantic Chocolate Chunk Cookie \$3

Junior Chef Barg's Float \$7 Barg's Root Beer, Vanilla Bean Ice Cream

Assorted Sodas \$3 **Honest Kids Fruit Punch \$3** Milk \$3 2% or Chocolate

Almond Milk \$3



Gluten-Free

**Protein-Packed** 

