JUNIOR CHEFS MENU

Cold Cereal \$6 Raisin Bran | Cheerios | Rice Chex | Cinnamon Toast | Honey Nut Cheerios Whole | 2% | Skim | Milk Alternatives Available

Mini Egg and Cheese Tacos \$7 Scrambled Eggs + Cheddar Cheese + Corn Tortillas

Mighty Egg \$7 One Egg + Bacon or Sausage + Toast

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French Toast Sticks \$6 Bacon or Sausage + Maple Syrup Dip

Buttermilk Pancakes \$6 Bacon or Sausage + Maple Syrup

Cinnamon Sugar Flap Jacks \$6 Bacon or Sausage + Maple Syrup

LOCAL FLAVOR

- Houston is known for Kolaches, a handheld stuffed sweet or savory pastry brought over from the Czech settlers in the early 1800's
- WIth the second largest population of Vietnamese in the U.S., Houston has developed a new cuisine called Viet-Cajun. It's a fuision of Creole and Vietnames ingredients.
- Fun Fact! Fajitas are a type of Tex-Mex cuisine and the word refers to cutting meat into strips. Usually served with tortillas, grilled onions and peppers.

DID YOU KNOW...?

- Honey is the only edible food that never goes bad.
- The largest tomato weighed 3.51kg (7lb 12oz) according to the Guinness Book of World Records. That is as heavy as eight cans of Coke and weighs almost as much as two 2-litre bottles of soda.
- The average American kid will eat 1,500 peanut butter & jelly sandwiches before graduating high school.
- Apples & cherries are members of the rose family.







