


From The Locals

OUR HONEY PANGAKES  26
cinnamon honey butter + maple syrup
add banana, chocolate chips or blueberries +3

ISLAND TOAST  26
french toast + banana + rum sauce + coconut + anise sugar

AMELIA BREAKFAST* 29
farm eggs + herb roasted potatoes + toast + applewood-smoked bacon
sausage + coffee + juice

BISCUITS & GRAVY 19
buttermilk biscuits + country gravy
add two eggs* +10

SUNSHINE BLISS WAFFLE  26
beach berries + whipped cream + maple syrup

PICK THREE OMELET 28
omelet + herb roasted potatoes + toast
omelet toppings (select three)
spinach + bell pepper + mushroom + vidalia onion + tomato
applewood-smoked bacon + sausage + local shrimp + ham
cheddar + feta + mozzarella + gouda

HIGH TIDE AVOCADO TOAST* 28
nine-grain toast + avocado + everything spice + fried egg
arugula + heirloom tomatoes
add smoked salmon +10

Beach Benedicts

LO' COUNTRY 28
artichoke + sardou spinach + poached egg + cajun hollandaise + baguette
add local shrimp +7

SEASIDE 29
house-smoked salmon + poached egg + everything cream cheese
sea goddess hollandaise + pumpernickel

CLASSIC 27
country ham + poached egg + hollandaise + english muffin

Sea Oats

SEA OAT STEEL-CUT OATMEAL   19
beach berries + granola

OCEAN BLUE BOWL   21
yogurt + açai + avocado + blueberry + coconut + seeds

SAND DUNE BOWL   20
greek yogurt + seven-grain granola + our honey + beach berries


BEACH BERRIES    19
dragon fruit + prickly pear + strawberries + raspberries + blueberries




Sides


TOAST & JAM  6
nine-grain, white, caraway rye or gluten-friendly

SCRATCH MUFFIN  6
blueberry, orange or chocolate

MORE PASTRIES  6
croissant, bagel or biscuit

FARM EGG*   6
your way

BREAKFAST MEATS  9
applewood-smoked bacon, blueberry-maple sausage,
country sausage, ham or chicken sausage

DRY CEREAL  10
today's selection

gluten-friendly bread available upon request

 gluten-friendly  vegetarian  vegan  dairy-free

*Consuming raw or undercooked meats / poultry / seafood / shellfish or eggs may increase your risk of foodborne illness. Please notify us of any food allergy.

Omni Hotels & Resorts cares about providing a healthy and nourishing morning meal. Carefully selected to accommodate modern eating lifestyles, signature offerings include chef-crafted egg bowls, warm house-made pastries and locally sourced grains and proteins. Beverage selections include fresh-squeezed orange juice and Stance Coffee which is directly sourced from the farmers and helps families harvest a better future. Omni's Morning Table is flexible nourishment beyond the buffet, made for your enjoyment in our restaurant or for your convenience On The Go.

The Morning Table 30

stance coffee | numi tea | florida juices | fresh-cut fruit | beach berries | yogurts | gluten-friendly cereals | organic kashi cereals | seven-grain granola
applewood-smoked bacon | blueberry-maple sausage patties | old-style country sausage | herb roasted potatoes
omelets | daily breakfast bowl | smoked salmon | cheese | cured meats | biscuits & gravy
bread & butter bar | gluten-friendly breakfast breads | bagels | jams & preserves | our honey | muffins | all-butter croissants

Liquid Sunshine

FLORIDA JUICE 6
orange or grapefruit

CHEF-SQUEEZED ORANGE JUICE 10
from our juicer today

JUICE 6
V8, tomato, apple or cranberry

STANCE COFFEE 5
regular or decaf

ESPRESSO 4 / 6
single or double

NUMI TEA 5
english breakfast, rooibos chai, earl grey,
jasmine green or chamomile

CAPPUCCINO OR LATTE 7
vanilla, caramel, hazelnut or mocha

MILK 5
skim, 2%, whole, soy, oat, almond or chocolate

MINERAL WATER 5
acqua panna or s.pellegrino


ICED TEA 5
sweet or unsweetened

SOFT DRINKS 5
coke, diet coke or sprite




Junior Chefs'

sized for those under the age of twelve

SAND DOLLAR PANCAKES  14
mini honey pancakes + maple syrup
add chocolate chips +2

SEASIDE BISCUIT 14
biscuit + sausage + over-hard egg + cheddar cheese + herb roasted potatoes

HALF MOON S'MORES WAFFLE  16
waffle + hazelnut spread + toasted marshmallows

DRY CEREAL  10
today's selection



Parties of 8 or more will have an automatic gratuity of 21% added to the check.