

JUNIOR CHEFS MENU

BREAKFAST

7AM to 2PM

-  **Acai Bowl \$10**
Seasonal Berries + Granola
-  **Fruit and Berry Bowl \$8**
Seasonal Fresh Fruit
-  **French Toast \$14**
Seasonal Berries + Maple Syrup
-  **Little Del Sol* \$16**
Egg Any Style + Bacon or Sausage + Potatoes + Toast
-  **Little Breakfast Burrito \$12**
Scrambled Eggs + Cheddar + Bacon + French Fries
-  **Junior Pancakes \$12**
Buttermilk Pancakes + Fresh Strawberries + Maple Syrup

LOCAL FLAVOR

- La Costa is home to over 50,000 bees that are hard at work producing honey for our guests.
- If you have time to walk the 400-plus acres of beautiful grounds here at La Costa, you will find citrus trees and freshly grown herbs that are used year-round on our menus for your enjoyment.
- Being on the Pacific Coast means there is always an abundance of local and fresh seafood, including white sea bass, cod and yellowtail. You will be able to find these seasonal selections on our menus here at the resort.

DID YOU KNOW...?

- The largest tomato weighed 3.51kg (7lb 12oz) according to the Guinness Book of World Records. That is as heavy as eight cans of Coke and weighs almost as much as two 2-litre bottles of soda.
- Apples & cherries are members of the rose family.
- The average American kid will eat 1,500 peanut butter & jelly sandwiches before graduating high school.
- Honey is the only edible food that never goes bad.

MAINS

ALL DAY

-  **Junior Chef Burger \$14**
Cheddar Cheese + Brioche Bun + Fries or Fruit
-  **Chicken Tenders \$13**
Breaded Chicken Tenders + Fries or Fruit
-  **Quesadilla \$12**
Cheddar + Jack Cheese + Salsa + Fries or Fruit
-  **Pasta \$12**
Cheddar Cheese Sauce or Butter
-  **Teriyaki Chicken \$14**
Broccoli + White Rice
-  **Hot Dog \$12**
Fries or Fruit
-  **Grilled Cheese \$12**
Fries or Fruit


SNACKS

ALL DAY

-  **French Fries \$7**
Ketchup or Ranch Dressing
-  **Fruit Cup \$7**
Seasonal Mix
-  **Granola + Berries \$9**
House-Made Granola + Seasonal Berries

SWEETS

ALL DAY

-  **Cookies & Milk \$8**
Freshly Baked Chocolate Chip Cookies + Choice of Milk
-  **Junior Chef Ice Cream Sundae \$8**
Vanilla Ice Cream + Chocolate Sauce + Whipped Cream
-  **Orange Creamsicle \$8**
Vanilla Ice Cream + Orange Soda

SIPS

ALL DAY

- Soda \$4**
Coke, Diet Coke, Sprite, Orange Crush, Root Beer or Ginger Ale
- Juice \$4**
Apple or Orange
- Milk \$4**
Chocolate or Whole Milk
Dairy Alternative Available Upon Request

-  Protein-Packed
-  Heart-Healthy
-  Vegetarian
-  Gluten-Friendly

WARNING: Certain foods and beverages sold or served here can expose you to chemicals including acrylamide in many fried or baked foods, and mercury in fish, which are known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/restaurant

*Consuming raw or undercooked meats / poultry / seafood / shellfish or eggs may increase your risk of foodborne illness. Please notify us of any food allergy.

All items are served with your choice of beverage. | The Junior Chefs' menu is for kids 12 years and younger.

SCAVENGER HUNT

Spot one of the items below, then check it off the list.

- Salt and Pepper Shaker
- Table with Four People
- Menu
- Exit Sign
- Fire Extinguisher
- Spoon
- Water Glass
- Sugar Packets
- Straw
- Ketchup
- Host Stand
- Mirror
- Bar Stool
- Linen Napkin
- Couch

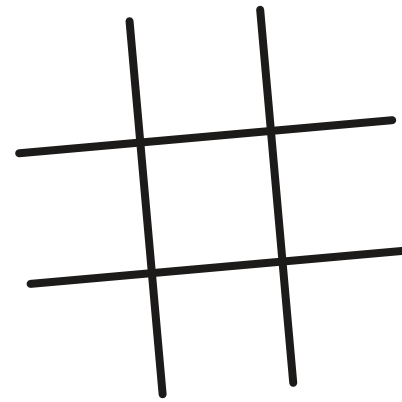
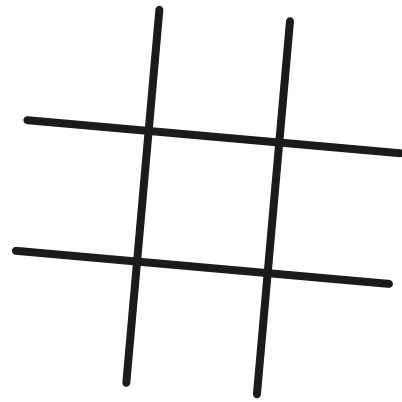
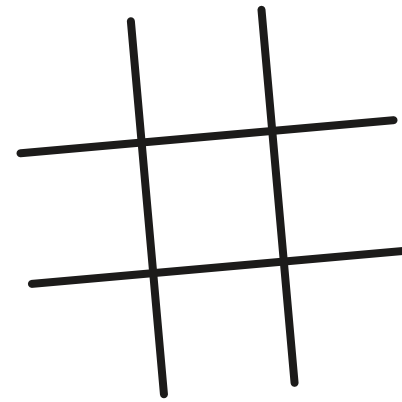
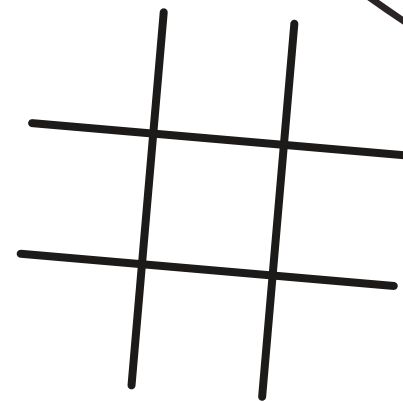
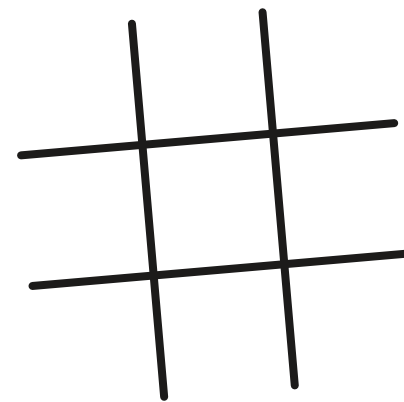
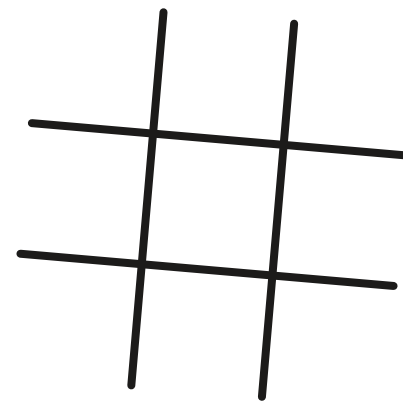
WORD SEARCH

L	D	G	K	S	F	M	O	D	P	N	K	E	K
T	S	A	F	K	A	E	R	B	X	I	T	D	D
U	N	E	M	Y	V	E	G	E	T	A	B	L	E
P	D	N	Q	B	R	E	P	C	C	G	V	P	S
R	E	N	N	I	D	G	H	H	F	H	I	H	S
H	U	J	J	J	Z	E	N	O	X	C	E	Q	E
E	B	O	L	Q	N	Z	O	U	E	U	S	F	R
L	U	N	C	H	G	D	H	R	H	X	X	O	T

BREAKFAST
CHEF
DESSERT
DINNER

VEGETABLE
HUNGRY
KITCHEN
LUNCH

MENU
RECIPE
FOOD



WORD SCRAMBLE

1. OHTEL _____
2. RTSREO _____
3. NIMO _____
4. UEASTISC _____
5. TAICANVO _____
6. IMFYLA _____
7. VEARTL _____
8. UFN _____
9. BYOBL _____
10. EIRNLAPA _____